

Weightlifting “Competition Development” Certification Pathway

COACH TRAINING

Weightlifting “Analyze Technical and Tactical Performance Workshop”

Multi-Sport Modules

- Design a Basic Sport Program
- Advanced Practice Planning
- Developing Athletic Abilities pre-workshop session (available online in the Locker)
- Leading Drug-free Sport
- Managing Conflict
- Prevention and Recovery
- Coaching and Leading Effectively
- Developing Athletic Abilities
- Manage a Sport Program
- Performance Planning (recommended to be done before Advanced Practice Planning)
- Psychology of Performance



Coach receives: NCCP “TRAINED” STATUS

COACH EVALUATION

- Make Ethical Decisions Competition Development Online Evaluation Successfully Completed
- Managing Conflict on-line evaluation Successfully Completed
- Leading Drug-free Sport on-line evaluation Successfully Completed
- Develop portfolio
- Observation In Training & Debrief
- Observation In Competition & Debrief



Coach becomes: NCCP “CERTIFIED”

Maintenance of Certification Requirements – 5 years obtaining 30 points