

Alberta Weightlifting Association

Women Provincial Records

YOUTH (17 and under) - Women

Category	Weight Cat.	Lift	Last Name	First Name	Club	Record	Event	Location	Date
Youth	40 Kg	SN	LEFEVRE	Natalia	FSA	33	TOP Junior Qualifier	Edmonton,AB	April 22, 2023
		CJ	LEFEVRE	Natalia	FSA	42	TOP Junior Qualifier	Edmonton,AB	April 22, 2023
		TOTAL	LEFEVRE	Natalia	FSA	75	TOP Junior Qualifier	Edmonton,AB	April 22, 2023
Youth	45 Kg	SN	HILLMAN	Audrey	FSA	40			November 9, 2019
		CJ	HILLMAN	Audrey	FSA	51			November 9, 2019
		TOTAL	HILLMAN	Audrey	FSA	91			November 9, 2019
Youth	49 Kg	SN	Hillman	Audrey	FSA	56	Westerns 2022	Calgary, AB	November 19.2022
		CJ	Hillman	Audrey	FSA	66	Westerns 2022	Calgary, AB	November 19.2022
		TOTAL	Hillman	Audrey	FSA	122	Westerns 2022	Calgary, AB	November 19.2022
Youth	55 Kg	SN	TAO	Michel	RSHS	57	Youth / Junior Provincials	Edmonton, AB	#####
		CJ	TAO	Michel	RSHS	67	Youth / Junior Provincials	Edmonton, AB	#####
		TOTAL	TAO	Michel	RSHS	124	Youth / Junior Provincials	Edmonton, AB	#####
Youth	59 Kg	SN	CARRERO MORA	Andreina	FSA	53	YTH/JR provincials 2022	Edmonton,AB	December 3, 2022
		CJ	CARRERO MORA	Andreina	FSA	68	YTH/JR provincials 2022	Edmonton,AB	December 3, 2022
		TOTAL	CARRERO MORA	Andreina	FSA	121	YTH/JR provincials 2022	Edmonton,AB	December 3, 2022
Youth	64 Kg	SN	FOISY	Kylie	OPF	62			#####
		CJ	DAHMER	Gabby	FSA	76	YTH/JR provincials 2022	Edmonton,AB	December 3, 2022
		TOTAL	FOISY	Kylie	OPF	137			#####
Youth	71 Kg	SN	LADIC	Teagan	VAL	53	Youth / Junior Provincials	Edmonton, AB	#####
		CJ	LADIC	Teagan	VAL	67	Youth / Junior Provincials	Edmonton, AB	#####
		TOTAL	LADIC	Teagan	VAL	120	Youth / Junior Provincials	Edmonton, AB	#####
Youth	76 Kg	SN	LADIC	Teagan	VAL	62	YTH/JR provincials 2022	Edmonton,AB	December 3, 2022
		CJ	LADIC	Teagan	VAL	81	YTH/JR provincials 2022	Edmonton,AB	December 3, 2022
		TOTAL	LADIC	Teagan	VAL	143	YTH/JR provincials 2022	Edmonton,AB	December 3, 2022
Youth	81 Kg	SN	CAVE	Natalie	PPSD	61			March 23, 2019
		CJ	CAVE	Natalie	PPSD	70			#####
		TOTAL	CAVE	Natalie	PPSD	127			#####

Youth	81+ Kg	SN	LOVE	Etta	FSA	95	canadian international open	February 26, 2022
		CJ	LOVE	Etta	FSA	115	canadian international open	February 26, 2022
		TOTAL	LOVE	Etta	FSA	210	canadian international open	February 26, 2022

Junior (20 and under) - Women

Category	Weight Cat.	Lift	Last Name	First Name	Club	Record	Event	Location	Date
Junior	45 Kg	SN	HILLMAN	Audrey	FSA	40			November 9, 2019
		CJ	HILLMAN	Audrey	FSA	51			November 9, 2019
		TOTAL	HILLMAN	Audrey	FSA	91			November 9, 2019
Junior	49 Kg	SN	Hillman	Audrey	FSA	56	Westerns 2022	Calgary, AB	November 19, 2022
		CJ	Hillman	Audrey	FSA	66	Westerns 2022	Calgary, AB	November 19, 2022
		TOTAL	Hillman	Audrey	FSA	122	Westerns 2022	Calgary, AB	November 19, 2022
Junior	55 Kg	SN	JOHNSON	Haley	PPL	74			#####
		CJ	JOHNSON	Haley	PPL	96			December 9, 2018
		TOTAL	JOHNSON	Haley	PPL	168			December 9, 2018
Junior	59 Kg	SN	TAO	Michel	TOP	67	YTH/JR provincials 2022	Edmonton, AB	December 3, 2022
		CJ	TAO	Michel	TOP	80	Youth / Junior Provincials	Edmonton, AB	#####
		TOTAL	TAO	Michel	TOP	145	YTH/JR provincials 2022	Edmonton, AB	December 3, 2022
Junior	64 Kg	SN	WATCHMAN	Erin	PPL	73			March 23, 2019
		CJ	WATCHMAN	Erin	PPL	85			August 11, 2019
		TOTAL	WATCHMAN	Erin	PPL	158			August 11, 2019
Junior	71 Kg	SN	MCMONAGLE	Gina	FSA	80			November 9, 2019
		CJ	MCMONAGLE	Gina	FSA	100			November 9, 2019
		TOTAL	MCMONAGLE	Gina	FSA	180			November 9, 2019
Junior	76 Kg	SN	LOVSIN	Sophie	PPL	87			#####
		CJ	LOVSIN	Sophie	PPL	103			August 17, 2018
		TOTAL	LOVSIN	Sophie	PPL	185			August 17, 2018
Junior	81 Kg	SN	GRAY	Shannon	PAN	75	Sr. Provincials	Calgary, AB	March 25, 2023
		CJ	GRAY	Shannon	PAN	95	Sr. Provincials	Calgary, AB	March 25, 2023
		TOTAL	GRAY	Shannon	PAN	170	Sr. Provincials	Calgary, AB	March 25, 2023
Junior	87 Kg	SN	GRAY	Shannon	OPF	62			Jan 17, 2019

		CJ	GRAY	Shannon	OPF	80			Jan 17, 2019
		TOTAL	GRAY	Shannon	OPF	142			Jan 17, 2019
Junior	87+ Kg	SN	FRIESEN	Emma	FSA	100	Junior World Championships	Tashkent, Uzbekistar	May 31, 2021
		CJ	FRIESEN	Emma	FSA	115	Junior World Championships	Tashkent, Uzbekistar	May 31, 2021
		TOTAL	FRIESEN	Emma	FSA	215	Junior World Championships	Tashkent, Uzbekistar	May 31, 2021

Senior - Women

Category	Weight Cat.	Lift	Last Name	First Name	Club	Record	Event	Location	Date
Senior	45 Kg	SN				[45]			
		CJ				[54]			
		TOTAL				[99]			
Senior	49 Kg	SN	KAMINSKI	Hannah	UNA	73	Canadian International Open	Toronto,ON	February 26, 2022
		CJ	KAMINSKI	Hannah	UNA	90	Canadian International Open	Toronto,ON	February 26, 2022
		TOTAL	KAMINSKI	Hannah	UNA	163	Canadian International Open	Toronto,ON	February 26, 2022
Senior	55 Kg	SN	JOHNSON	Haylee	MET	80	Sr. Provincials	Calgary, AB	March 25, 2023
		CJ	JOHNSON	Haylee	MET	103	Sr. Provincials	Calgary, AB	March 25, 2023
		TOTAL	JOHNSON	Haylee	MET	183	Sr. Provincials	Calgary, AB	March 25, 2023
Senior	59 Kg	SN	BESPALOVA	Polina	UNA	86	Cold Steel	Calgary, AB	February 4, 2023
		CJ	BESPALOVA	Polina	UNA	102	Cold Steel	Calgary, AB	February 4, 2023
		TOTAL	BESPALOVA	Polina	UNA	188	Cold Steel	Calgary, AB	February 4, 2023
Senior	64 Kg	SN	YANGUI	Nadia	VAL	88	Hokkaido Cup		January 1, 2020
		CJ	YANGUI	Nadia	VAL	114	Pan American championships		April 1, 2019
		TOTAL	YANGUI	Nadia	VAL	198			December 7, 2019
Senior	71 Kg	SN	YANGUI	Nadia	MSW	90	Worlds 2029	Pattaya Thailand	
		CJ	YANGUI	Nadia	UNA	116	Worlds 2019	Pattaya Thailand	
		TOTAL	YANGUI	Nadia	MSW	206	Worlds 2019	Pattaya Thailand	
Senior	76 Kg	SN	MCMONAGLE	Gina	FSA	86	Senior Provincial Championships	Calgary, Alberta	December 4, 2021
		CJ	MCMONAGLE	Gina	FSA	110	Senior Provincial Championships	Calgary, Alberta	December 4, 2021
		TOTAL	MCMONAGLE	Gina	FSA	196	Senior Provincial Championships	Calgary, Alberta	December 4, 2021
Senior	81 Kg	SN	TUONO	Marchina	FRP	81			October 13, 2018

		CJ	TUONO	Marchina	FRP	95			October 13, 2018
		TOTAL	TUONO	Marchina	FRP	176			October 13, 2018
Senior	87 Kg	SN	SHEEHAN	Jordana	OPF	71	Sr. Provincials	Calgary, AB	March 25, 2023
		CJ	SHEEHAN	Jordana	OPF	91	Sr. Provincials	Calgary, AB	March 25, 2023
		TOTAL	SHEEHAN	Jordana	OPF	162	Sr. Provincials	Calgary, AB	March 25, 2023
Senior	87+ Kg	SN	FRIESEN	Emma	FSA	100	Junior World Championships	Tashkent, Uzbekistar	May 31, 2021
		CJ	FRIESEN	Emma	FSA	115	Junior World Championships	Tashkent, Uzbekistar	May 31, 2021
		TOTAL	FRIESEN	Emma	FSA	215	Junior World Championships	Tashkent, Uzbekistar	May 31, 2021